



**Dance Danse**  
 Independent Release: April 7, 2023  
 Format: Digital EP  
 \***Suggested Single in Bold**

1. **Extension of Silence 3:32**
2. Joyful Melancholy 3:39
3. Dance Dance Dance 3:31

For Fans of:  
 Stereolab, Leonard Cohen, Depeche Mode

**F&M is:**  
 Ryan Anderson: vocals, guitars  
 Rebecca Anderson: vocals, keys, accordion

**Additional Featured Musicians:**  
 Bryan Reichert: guitars, sound production, and original electronic composition for "Dance Dance Dance"  
 Chad Andriowski: drums & percussion on tracks 1 & 2  
 Tom Murray: bass on tracks 1 & 2  
 Ariane Mahryke Lemire: Guest Vocalist and French Lyrics on "Extension of Silence"  
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**It's been a while, let's put on our dancing shoes. Just for fun.**

"Dance Danse" is a reminder that F&M is still alive and kicking. Well, dancing to be precise. But, you know, like F&M dancing - some kind of melancholic shuffle with a few spastic bursts.

The first two songs were recorded in 2017 and were intended for the "Lessons from Losers" release. F&M's Rebecca and Ryan decided to hold onto them instead as follow-up singles.

The first track and single, "Extension of Silence," includes a special bilingual guest, and good friend, Ariane Mahryke Lemire. It's a song for those days when the dancing is only in your head. Track two, "Joyful Melancholy" is a nod to an older era of pomp and stately indifference. Leave your lonely soul and move that body to the drone - or Ryan may chop off your head.

The last track, "Dance Dance Dance," came about as a result of the pandemic when the world paused. Not a word was heard from long-time collaborator Bryan since the release of "Lessons From Losers." He had retreated into the woods of Kimberley, BC. The world went dark, and one day through the cold internet, a track and an invitation to sing came in. Nothing was left but for Ryan and Rebecca to take up the call.

F&M is currently working on a decidedly non-dance album. So dance while you can, while Rebecca and Ryan work on new ways to touch your soul.

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"Once one of this city's best-kept secrets, you'd now be hard pressed to find anyone in the local music scene that hasn't become enamoured with the duo's baroque-pop sound. Through Ryan's achingly honest lyrics to Rebecca's pleading vocals, their somber yet inviting melodies have enchanted local crowds over their decade-plus making records. Whether hardcore punks or sweater-vesters, they wouldn't have it any other way. F&M's latest, Lessons From Losers, is an album ripe with intention, often asking more of us than simply to listen." **BEATROUTE**

"F&M Make Baroque-Pop with a Punk Rock Edge." **VUE Weekly**

"They hit me like a very gentle and sincere steam-train, but hit me they did." **SNC 184, UNITED KINGDOM**