



Five quick lessons about F&M:

1. Baroque-pop is their forte — complete with dark lyrics, mesmerizing melodies, and whimsical arrangements.
2. Singers Rebecca and Ryan Anderson are avid students of wine, birds, and Russian cultural history.
3. Their cover of *The Littlest Hobo's* theme appears in the modern hockey film classic, *GOON*.
4. They take their name from a funeral home.
5. Ryan despises bats. (As in those furry creatures with wings.)

Lessons From Losers, out Sept. 21, 2018, is F&M's sixth album — a testament to resiliency and the importance of the creative process. Rebecca contributes hauntingly pristine vocals, adventurous keys and emotional snapshots while Ryan offers soulful croons, sturdy guitar riffs and wryly astute lyrics. Their long-time multi-instrumentalist and co-producer Bryan Reichert adds subtle flourishes of guitar and strings.

Lessons From Losers is F&M's sixth consecutive album to appear on Earshot's *The National Top 50* chart. It follows 2014's *At Sunset We Sing*, which was also shortlisted for the Edmonton Music Prize and earned a Best Alternative Album nomination at the Edmonton Music Awards. Other previous albums include 2011's *Wish You Were Here* (Shameless Records) and 2010's *Sincerely, F&M* (Shameless Records), which was No.1 on Earshot's folk charts for six weeks.



"F&M's *Lessons From Losers* is a shot in the dark — a bold Hail Mary awakening full of heavy hues and bittersweet, emotive melodies. Thought-provoking and life-enhancing."

Atwood Magazine, New York

"F&M's latest, *Lessons From Losers*, is an album ripe with intention, often asking more of us than simply to listen."

BeatRoute

"Their often-broke baroque, pop-folk music takes turns embracing the maudlin and melancholy, but is also warmed with the flickering spirit of resistance."

Edmonton Journal

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